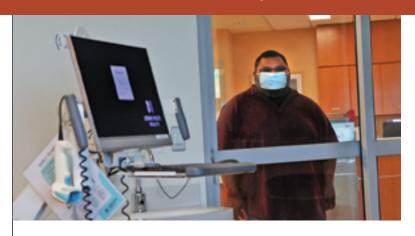
News from John Muir Health Foundation ISSUE 21 | WINTER 2022

community-based, not-for-profit





It makes me so happy that we were able to save Antonio's life because he was so sick. That's why I'm a nurse.

—Dani Norton, R.N.

Medical Intensive Care Unit

BRIEFINGS

Around the World in 80 Days

Annual Gala Raises \$2 million for Medical Intensive Care at John Muir Health

Antonio and his mother were both near death from the COVID-19 virus and in beds just doors away from each other in the Medical Intensive Care Unit at John Muir Health.

This area within our Medical Centers provides interdisciplinary care for patients with a variety of serious medical conditions in a technologically advanced environment. And unlike most community hospitals, a critical care specialist is available around the clock, seven days per week.

No one wants to spend time in a Medical Intensive Care Unit. Indeed, it would indicate a critical and life-threatening situation. But oddly enough, the public doesn't often hear much about Medical Intensive Care. According to Elvio Ardilles, M.D., Pulmonary/Critical Care, John Muir Health, this may be true because "...when you have a very highly functioning Intensive Care Unit, very

complex and challenging problems get solved. Our expertise is to do those things, and to do them on a routine basis. You don't hear about it much because everything's working."

John Muir Health's annual flagship fundraiser, *Celebrate John Muir Health!* gala, was held virtually on November 6th, 2021. The event raised more than \$2 million in support of John Muir Health's Medical Intensive Care Unit and was dedicated to the heroic efforts of its team members who care for the sickest patients in our community, like Antonio and his mother.

The community came together in a very big way at the gala to support John Muir Health's Medical Intensive Care. "Philanthropy has definitely benefited Medical Intensive Care," says Girlynda Gonzales, R.N., Vice President, Inpatient Care Services, John Muir Health. "Support from the community is the wind beneath our wings and helps keep us uplifted in very difficult times."

MESSAGE FROM GALA CO-CHAIRS



Margie Murphy

Maureen Knight
CO-CHAIR

Happy New Year! We are pleased to share that we enjoyed a very successful virtual 2021 Celebrate John Muir Health! gala. While we had hoped for an in-person event, we felt it was too soon to gather with so many unknowns still surrounding the COVID-19 virus. And yet, with your incredible support and generosity, we "virtually" raised more than \$2 million for the Medical Intensive Care Unit at John Muir Health. Wow!

Themed after Jules Verne's book titled *Around the World in 80 Days*, we traveled "around the world in 80 minutes," aptly using many modes of transportation and encountering auction items that included a sailing adventure on the San Francisco Bay, a stay at an Italian Villa in Umbria, a cellar full of wines from across the world, and fishing excursions with Cal Knight and Irving Pike, M.D., at one of their special bucket list fly-fishing destinations in the U.S.

The evening was an absolute delight with auctioneer Greg Quiroga keeping us very entertained and engaged. We are used to Greg keeping us on our toes with his quick pace, but even more so this year as he traveled back in time through the iconic destinations of this beloved novel.

As always, we couldn't have made this happen without the Gala Committee, the fabulous Foundation duo of Lori Johnson and Alli See, and our many event sponsors, donors, and vendors who supported the 8th annual gala and made the evening one to remember.

-In gratitude and appreciation,

Margie Murphy Maureen Knight

A Very Special Thank You and Farewell

With the retirement of Cal Knight in September of 2022, we are saddened to lose the energy, enthusiasm and vision of our gala co-chair, Maureen Knight. With Maureen's brilliant leadership, we have enjoyed eight very successful *Celebrate John Muir Health!* gala events, raising more than \$15 million for John Muir Health and our community. Maureen will be sorely missed by all of us! We wish Maureen and Cal much happiness and adventure in their future.

—Best, Celebrate John Muir Health! Gala Committee

John Muir Health!

8TH ANNUAL GALA



NOVEMBER 6TH, 2021

JOHN MUIR HEALTH FOUNDATION GALA COMMITTEE

Maureen Knight, Co-Chair
Margie Murphy, Co-Chair
Angie Coffee
Patty Garaventa
Bev Jones
Randy Pike
Margaret Simor
Stacy Woodworth



If you were unable to attend the virtual event this year, we've included a QR Code for two pre-recorded video segments about the Medical Intensive Care Unit and grateful patients, as well as a YouTube Live event broadcast.



2021 Gala Around the World in 80 Days

Thank you to the many donors who raised their paddles during our live event on November 6th! Your generosity and tremendous support of John Muir Health's Medical Intensive Care culminated in an incredible \$930,000! —Thank You!

RAISE THE PADDLE DONORS

Taejoon Ahn, M.D., M.P.H.

Anonymous (2)

Elvio Ardilles, M.D. and Risha Ramdall, M.D.

Deborah Austin

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May and David Behring

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Vivian Wing, M.D.

Cathy and Roy Yih

Shawn and Mark Young

CELEBRATE

John Muir Health!

Thank you for joining us in support of **Medical Intensive Care** at John Muir Health.

Guests held small gala parties with friends and family members who were in their COVID-19 social bubbles.

























CELEBRATE John Muir Health!

TITLE SPONSOR

Mercedes and Michael Stead

Thank you to all 2021 gala sponsors for your generous support of John Muir Health.

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The annual gala reminds us of our outstanding partnership with John Muir Health and the extraordinary life-saving work performed every day in the Emergency Department and Medical Intensive Care Unit.

—David Griffith, M.D., Vituity



It has been our absolute pleasure to support the gala over the past eight years. We could not be prouder of John Muir Health's commitment and execution of excellence in health care!

—Judy and Dave Bartlett



Scan the QR code to see our entire Live and Silent Auction!



Prizes and Winners

1. SAILING ADVENTURE

A group of six (6) will sail the San Francisco Bay on-board the Folie a Deux, a 42-foot sailboat.

WINNER: Kristin and John Iles

2.ITALIAN VILLA

Seven (7) night stay for eight (8) people at La Quercia, a 15th-century terraced villa in Umbria.

WINNER: Judy and Paul Gray

3.DIAMOND TOURMALINE NECKLACE

18-karat yellow and gold necklace featuring a 1.11ct oval rubellite tourmaline center surrounded by .22ctw diamonds

WINNER: Heidi and Barry Melin

4. CAL'S LAST CAST

Cal's last guided fly-fishing trip before his retirement!

WINNER: Debra and Steve Gonsalves

WINNER: Johannes Peters, M.D., Medical Anesthesia Consultants

WINNER: Jason Raddatz, NORCAL Ambulance

5.STELLAR CELLAR

Wine lot with over 35 bottles to add to your wine cellar! **WINNER:** Ravi Hundal, M.D., John Muir Medical Group

6. WARRIORS THEATER BOX

Plush theater box seating, food and drinks, for four (4) people at the Golden State Warriors vs. Sacramento Kings game!

WINNER: Moussa Yazbeck, M.D.



community-based not-for-profit

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WHY I GIVE

A cup of coffee commits one to forty years of friendship.

—Turkish proverb

Their friendship began over a cup of coffee, much like so many people who connect in conversation while sharing early morning brew. But this was different because Shirley Nelson was in the midst of a ten-day stay in John Muir Health's Medical Intensive Care Unit due to pulmonary embolisms.

Her dedicated night nurse, Marc Ginn, took note of Shirley's request for a really strong cup of joe and made a special trip downstairs to Mocha Mocha Espresso Bar to purchase and hand-deliver the beverage. He couldn't help but notice a hint of Shirley's Tennessee accent, and being a southerner himself, they started talking and the seeds of a deep friendship took root.

Shirley spent another week in a Step Down Unit at John Muir Health and felt constantly impressed with the quality of care from the staff. Dr. Karen Chang assisted as her pulmonary physician and Dr. Patrick Gonzales performed her saddle embolism procedure by delivering medication through a catheter into her heart.

"Believe it or not, I was awake for the entire procedure," Shirley explains. "Dr. Gonzales was able to do this at a time when I could barely breathe and he also kept me calm by talking and reassuring me that I was in good hands ...the very BEST hands...his!"

She remembers with great joy when the clots began to dissolve and she could breathe more easily... describing the entire nursing staff as "exceptional," but especially her interactions with Marc Ginn. "His care for me was phenomenal because he made me feel like much more than just another patient on his shift."

Shirley says of Ginn, "We developed a true friendship and that has made such a difference in my experience. I mattered to him as a person, and that's just so rare."

After being moved out of the Medical Intensive Care Unit, Shirley didn't know if Marc was on duty but sent him a text message after having been spoiled with fresh coffee delivered each morning: "God will love you if you bring coffee to a certain lady." And within 15 minutes, there was Marc with Shirley's coffee.

"I could not be more impressed with the medical care I received at John Muir Health, but the people are really what make the difference."



Shirley Nelson and Marc Ginn, R.N., share a cup of coffee after Shirley's recovery.

My oxygen was at 61% when the ambulance came to my home. You know, I was really scared...but all of the folks at John Muir Health just took such good care of me—as if I was the most important person.